

Client Profile

SECAD Partnership CLG is a local development company established in 1995.

Our Mission is to provide a range of innovative and effective rural development and social inclusion supports to motivate and enable our communities to create a more vibrant, sustainable and inclusive society. As a local development company, SECAD works with a range of different clients and stakeholders in rural areas including: community and voluntary groups, disadvantaged target groups, job seekers, businesses farmers, schools and the corporate sector.

Stepping Stones

A well-being programme from SECAD's Wild Work Initiative Stepping Stones is one of the unique courses offered by SECAD and Wild Work as part of our Promoting Wellbeing through Nature programme.



A Stepping Stones Session

Increasingly nature is being recognised as a free and widely accessible resource with a multitude of mental, emotional and cognitive benefits. The aim of Stepping Stones is to harness nature, to create an atmosphere and learning experience for participants that will stimulate them to think about their own personal development



About Wild Work

Wild Work is a unique initiative with biodiversity at its heart.

We support everyone committed to helping nature and our particular focus is to connect business, biodiversity and local communities. We also support the work of both local and national organisations involved in the conservation and protection of our natural environment.

With our practical expertise, we create and care for meadows, woodlands, beaches, rivers and other natural habitats, both in urban and rural settings.

Contact us at:

021 4613432
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One session could involve a trip to spot common lizards along the Ballycotton Cliff Walk, while another will see the group learning about composting and reducing food waste.

These fun, relaxed sessions, which have a strong focus on nature, may be more appealing to people feeling marginalised or suffering mental health issues than the more traditional courses and services offered by SECAD and other providers. But with the sessions acting as Stepping Stones, participants may feel more inclined and able to move onto these other services.

At the end of the programme participants have a greater understanding of how nature is such an intricate part of our daily lives..